

Presorted
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Danville, VA
Permit No. 20

6th Annual BRIDGE to BRIDGE 5 & 10K



10-K Run
5-K Run/Walk
&
1-Mile Fun Run

*On Danville's Scenic
River Walk Trail
and River City District*

Sat. April 11, 2015

9:00 a.m. – 1-Mile Fun Run

9:30 a.m. – 5-K Run/Walk

9:30 a.m. – 10-K Run

Rain or Shine



Proceeds will be used to
support the efforts of the
Danville Cancer Association

Our Sponsors

Corporate Sponsor



Danville Regional
MEDICAL CENTER

Race Facilitators

**Danville Parks, Recreation & Tourism
Danville Running & Fitness Club**

About Danville Cancer Assn.

Danville Cancer Assn. is a local, United Way organization that provides patient aid to cancer patients in our community. DCA also offers educational programs, literature, and sponsors a monthly support group.



Services provided in 2014

Service	Cost
Prescriptions	\$ 63,789.00
Travel checks, written	\$ 111,000.00
Supplies / Equipment	\$ 12,802.00
Medical / Diagnostic	\$ 29,617.00
Wigs provided	\$ 4,804.00
Total Services:	\$ 222,012.00

Number of Clients Served in 2014 360

For more information about DCA, call or write:
Danville Cancer Association
223 Riverview Drive, Suite J
Danville, VA 24541; Phone: (434) 791-3227
E-mail: danvillecancer@gamewood.net

DONATIONS: All donations or sponsorships are tax deductible as allowed by IRS regulations and you will receive a tax receipt letter from the DCA for your records. Consult with your tax professional for

Danville Cancer Association
223 Riverview Drive, Suite J
Danville, VA 24541

Course Map



Directions:

From Durham/Raleigh, NC - follow 86N to second stop light inside city limits, turn right, Industrial Ave. becomes Craghead St., continue on to Southern Railway Depot.

From Greensboro, NC - follow Business 29N to Memorial Dr., which becomes Craghead St.; follow to Southern Railway Depot.

From Richmond/South Boston, VA - follow 58W into Danville. Turn left at stop light at Main St. Bridge; at next stoplight take left at Lou's Antique Mall, continue on Craghead to Southern Railway Depot.

From Martinsville, VA - follow 58E (Riverside Dr.) to 29S-86S Exit ramp (next right after Danville Plaza Shopping Center), take Business District Exit to Memorial Dr.; cross Main St., continue straight on Craghead St. to Southern Railway Depot.

From Lynchburg, VA - follow 29S into Danville, continue on Piney Forest Road for 6 miles; take Business District Exit to Memorial Dr.; cross Main St., continue straight on Craghead St. to Southern Railway Depot.

Information

REGISTRATION PROCEDURES: Entry fee is \$25.00 (\$30.00 on race day) (no refunds). Your cancelled check is your receipt. There will be race day registration and packet pick-up from 7:30 a.m. - 8:15 a.m. sharp **at the Community Market.** This registration form may be machine copied. Copies will be available at Karen's Hallmark Shop and other businesses. We reserve the right to reject any entry. Entries should be mailed no later than April 3, 2015)

1-MILE FUN RUN REGISTRATION: \$12.00 (\$17.00 on race day) For children 10 and under only.

ON-LINE REGISTRATION: At www.danvillerunner.org , until 12 Noon on April 10, 2015.

RESULTS: Chip timing provided by **The Brick**; tentative results that day and final results posted on line Monday by 12:00 at www.danvillerunner.org.

WALKERS: Please NOTE: Walkers should plan to WALK ONLY. If you wish to combine walking and jogging, then you should register for the 5-K RUN. If you register for the 5-K WALK, you should not run at all or you may be disqualified and not be eligible for a trophy.

RACE PACKETS: T-shirts to first 250 registrants (registered prior to March 1, 2015). Registration and early packet pickup will be available Friday April 10, from 5:00 pm to 7:00 pm at Danville's **Community Market.**

LIQUIDS: At start/finish and turn-arounds.

PETS: For their safety and ours, we ask that you refrain from bringing your animals onto the race course.

AWARDS:

TEAMS - First overall finishers, male or female. All teams will have a minimum of 4 participants. Team awards will be offered for 5-K Walk; 5-K Run, and 10-K.

5-K RUN - First 3 male and female overall, to first three in each age group & to first male & female Master. **AGE GROUPS:** 0-14, every 5 years up to 69, 70 and over.

5-K WALK - First 3 male & female overall. **AGE GROUPS** (male & female, first 3 in each age group) 0-19, every 10 years up to 69, 70 and over.

10-K RUN - First male & female overall. **AGE GROUPS** (male & female, first 3 in each age group) 0-19; every 10 years up to 69, 70 & over.

1-MILE FUN RUN - First 3 overall male & female finishers and ribbons to all participants.

FOR MORE RACE INFORMATION: Call (434) 203-0275 or (434) 791-3737.

Official Entry Form

Bridge-to-Bridge 5-K & 10-K

Sat. April 11, 2015 - Rain or Shine
(Please fill out completely. Print clearly)

Last Name _____ First Name _____ M.I. _____

Street Address _____

City _____

State _____ ZIP _____

E-Mail address _____

Phone (please include area code) _____ Age (as of 4-11-2015) _____

Emergency Contact (name) _____ Emergency Contact (phone) _____

Sex M F; _____
Place of Employment _____

Event: 5-K Run 5-K Walk 10-K Run Fun Run

Team Name: _____

Shirt Size: S M L XL

Are you a cancer survivor? (Optional)

5-K & 10-K: \$25.00 (\$30 on race day)

Fun Run: \$12.00 (\$17 on race day)

Note: Entry fee is NOT tax deductible.

Make checks payable to:

Danville Running & Fitness Club

Mail check & entry form to Danville Cancer Assn;

223 Riverview Drive, Suite J; Danville, VA 24541

For more information, call: (434) 791-3227

Or (434) 791-3737

WAIVER: (Must be signed)

In acceptance of this entry, I waive and release the sponsors, organizers and representatives of the Bridge to Bridge event from any and all claims resulting in illness or injury suffered by me as a result of this event. I also release the use of my name or any record of my participation in this event for promotional or publicity purposes without obligation to me.

Signature _____ Date _____

Print _____

Parent signature (if under 18 years old) _____